

Lifelong Balance Consumer Bill of rights



- Lifelong Balance does not promote rapid weight-loss, as it can cause health problems.
- Consult your personal physician before starting any weight-loss program.
- Only permanent lifestyle changes, such as making healthy food choices and increasing physical activity promote long-term weight loss.

You have the right to:

1. Ask questions about potential health risks of the program, and its nutritional content psychological support, and educational components.
2. Receive an itemized statement of the actual or estimated price for the program, including extra products, services, supplements, exams, and laboratory tests.
3. Know the actual or estimated duration of the program.
4. Know the name, address, and qualifications of the Doctor, Health and Wellness Coach, Psychotherapist, and Personal Trainers according to S4.468.505(1)(j), Florida Statutes.